

Bel Air FC Rec Soccer Rules

League Wide Rules No Exceptions!

<u>Chairman</u> Ryan O'Connor
<u>Clinic Commissioner</u> Kelly Ball
<u>U8 Commissioner</u> Jen Hamilton
<u>U10 Commissioner</u> Larry Venturelli
<u>U12 Commissioner</u> Larry Venturelli
<u>U13 Commissioner NRSL</u> Greg Kozera
<u>U16 Commissioner NRSL</u> Greg Kozera
<u>Referee Coordinator</u> Shannon O'Connor

No practices before August 1st!
All Teams are limited to 1 practice per week
All injuries must be reported to the Chairman, Asst Chairman, Age Commissioner within 24 hrs.
Please follow weather guidelines published by BARC
All Players will have with no exceptions: Cleats & Shin Guards Required
No Slide Tackles
Proper Soccer Uniform (jersey, shorts, socks)
No playing with Jewelry
Earrings must be removed or taped (clinic, U8, U10, U12)
Earrings must be removed completely (U13, U16)
No playing or practicing with cast's or splints
No smoking by anyone on the grounds
No alcohol by anyone on the grounds
No pets by anyone on the grounds (dog, cat, etc.)
REFEREE'S HAVE FINAL SAY
Teams required to play down if an opponent is short players. Team that is short will play with no subs.
5 Goal Max Game Score Differential
A team with a 5 goal advantage is required to remove a player from the field and play down. If a 6th goal is scored, an additional player must be removed from the field, and so on. If the trailing team score a goal, a player can be added back.
NRSL U13 & U16 Boys and Girls
Follow NRSL Rules
Ball Size 5

U8 Boys and Girls
8 v 8 (7 on field + 1 goalie)
12 Minute Quarters
2 Minutes Break B/W Quarters
8 Minute Halftime
Subs on everything except Corner and Fouls
Max Playtime for Keeper 50% of game
Offsides Will Be Called
No Head Balls
Build Out Line in Use
No Coaches on the fields
Zero tolerance for challenging the ref
Ball Size 3
U10 Boys and Girls
8 v 8 (7 on field + 1 goalie)
25 Minute Halves
10 minute halftime
Subs on everything except Corner and Fouls
Max Playtime for Keeper 50% of game
Offsides Will Be Called
No Head Balls
Zero tolerance for challenging the ref
Ball Size 4
U12 Boys and Girls
9 v 9 (8 on field + 1 goalie)
30 minute halves
10 minute half time
Subs on everything except Corner and Fouls
Offsides Will Be Called
No Head Balls
Max Playtime for Keeper 50% of game
Zero tolerance for challenging the ref
Ball Size 4

