# **Bel Air FC Rec Soccer Rules**

#### Chairman

Ryan O'Connor

**Clinic Commissioner** 

Shannon O'Connor

**Boys U8 Commissioner** 

Larry Venturelli

**Girls U8 Commissioner** 

Larry Venturelli

**Boys U10 Commissioner** 

Larry Venturelli

**Girls U10 Commissioner** 

Larry Venturelli

**Girls U12 Commissioner** 

Greg Kozera

**Boys U12 Commissioner** 

Greg Kozera

**Boys U13 Commissioner NRSL** 

Greg Kozera

**Girls U13 Commissioner NRSL** 

Greg Kozera

**Girls U16 Commissioner NRSL** 

Greg Kozera

**Boys U16 Commissioner NRSL** 

Greg Kozera

**U18 Commissioner NRSL** 

Greg Kozera



#### **League Wide Rules No exceptions!**

No practices before August 1st!

All Teams are limited to 1 practice per week

All injuries must be reported to the

Chairman, Ass't Chairman, Age Commissioner

within 24 hrs.

Please follow weather guidelines as published by BARC

All Players will have with no exceptions:

Shin Guards

Cleats

Teams required to play down if an opponent is short players. Team that is short will play with no subs.

5 Goal Max Game Score Differential
Proper Soccer Uniform (jersey, shorts, socks)
No playing with Jewelry

Earrings must be removed or taped (clinic, U8, U10, U12)

Earrings must be removed completely (U13, U16)

No playing or practicing with cast's or splints

No smoking by anyone on the grounds

No alcohol by anyone on the grounds

No pets by anyone on the grounds (dog, cat, etc.)

REFEREE'S HAVE FINAL SAY

U8 Bo	ys and	l Girls
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8 v 8 (7 on field + 1 goalie)

12 Minute Quarters

2 Minutes Break B/W Quarters

8 Minute Halftime

Subs on everything except Corner and Fouls

Max Playtime for Keeper 50% of game

Offsides Will Be Called

No Head Balls

No Coaches on the fields

Zero tolerance for challenging the ref

Ball Size 3

## **U10 Boys and Girls**

8 v 8 (7 on field + 1 goalie)

25 Minute Halves

10 minute halftime

Subs on everything except Corner and Fouls

Max Playtime for Keeper 50% of game

Offsides Will Be Called

No Head Balls

Zero tolerance for challenging the ref

**Ball Size 4** 

### **U12 Boys and Girls**

9 v 9 (8 on field + 1 goalie)

30 minute halves

10 minute half time

Subs on everything except Corner and Fouls

Offsides Will Be Called

No Head Balls

NRSL U13 & U16 Boys and Girls

Follow NRSL Rules

**Ball Size 5** 

Max Playtime for Keeper 50% of game

Zero tolerance for challenging the ref

**Ball Size 4**